

## Four-Pronged Approach to Ongoing Formation

(Formation lasting from 60 – 90 minutes)



- 1) **Catholic Church** (Spiritual Assistant)  
[teachings about our Faith].

2) **Franciscan Emphasis** (Formation Team Member)  
[e.g., *The Rule*; *General Constitutions*; *National Statutes*; *Legend of the Three Companions*; books about Saints: Francis, Clare, Bonaventure, John Duns Scotus, etc.; Franciscan Spirituality; Franciscan calendar themes: Blessed Virgin Mary, Portiuncula, Crèche, TAU, Stigmata; etc.; articles from Regional Newsletter, *The Portiuncula* and our National Newsletter, *TAU-USA*; and the list goes on and on!]



- 3) **Contemporary topics** and how we live out our vocations as Secular Franciscans (Formation Team Member) [e.g., *Laudato Si'*; *Works of Mercy*; *Amoris Laetitia*, etc.]

4) **Prayer** (Formation Team Member facilitates, but asks other Fraternity members to be involved in the different prayer forms) [e.g., *Liturgy of the Hours*; *Stations of the Cross* and/or *The Office of the Passion* during Lent; *Transitus* during October for Francis and in August for Clare; *Franciscan Crown Rosary* during May and/or October; Thanksgiving prayer/litany during November; Crèche prayer service in December, etc.] Note, *The Office of the Passion* can be prayed throughout the year.



### Presentation tips:

- \* Presentations are done in a manner of teaching, facilitating, dialoging and discussing.
- \* Having people answer questions is always appropriate.
- \* The Fraternity members are adults and they are able to contribute to many discussions through their lived experiences and personal experiences. They are not children and should not be expected to listen and not participate. People need to be welcomed to share their ideas, thoughts, experiences and be valued as individuals. Sometimes when people have a hard time hearing, they interrupt a person speaking without really knowing that they are doing it. We are all brothers and sisters and have the right to be respected.